

## WAYFL RULES 2016

1. Coaches will make every attempt to start all athletes on Offense or Defense during the season. All athletes will play every game. *Exception: Teach Responsibility, if athlete does not show up for practice and does not call, he may forfeit position for that game.*
2. Once Wausau Public Schools are in session no more than two practices during the week.
3. Teams must run a 4-3-4 defense - 4 lineman (tier 1), 3 linebackers (tier 2) and 4 d-backs (tier 3). Linebackers may not stack over/line up behind a D-ends and/or tackles . If violated Defensive team will be penalized, 5 yards for illegal formation. D-ends shall line up head up or on outside shoulder of the tight end position . D- tackles shall line head up on the O-guard. D-tackles shall be nose to nose with the guard with absolutely no shading inside or out. Linebackers, Tier 2, must line up 3 yards off line of scrimmage. Linebackers will line up head up on the center and the o-tackles. D-backs, tier 3, must be off line of the line of scrimmage. Corners must be at a minimum 5 yards from the tight end position and 5 yards back. Safeties shall be no less than 8 yards from the line of scrimmage. Tier 1 players will be allowed to slant. Tier 2 and 3 are not allowed to blitz. All Tier 1 players must wear helmet beanies.
5. Teams can run offensive formation of choice as long as formation meets following requirements:
  - a. Must have two running backs in back field not including QB
  - b. No unbalanced Line will be allowed (no more than 3 players to one side of center on line of scrimmage) TE/T/G/C/G/T is acceptable and does not including wide out. Defensive end can line up in the vacant TE slot.
  - d. Offense must have seven (7) on line of scrimmage, including punts
  - e. **Line spilts:** Offensive linemen, center, guards and tackles, must be able to touch hands (finger tips to finger tips) for maximum line splits. Minimum line spilts is one foot. Exception in goal line situation 5yds and in offensive linemen may line up foot to foot. If violated Offensive team will be penalized, 5 yards for illegal formation.
  - f. Only players under weight restriction will be allowed to carry ball, this includes receivers. (weight limits will be determined after final equipment distribution/weigh in. Formula to determine weight limit will be average weight of all players per age group plus 5 pounds added) Also only players under weight restriction will be allowed to return kicks
  - g. No motion by any offensive player.
  - h. **The Board of Directors of WAYFL reserves the right to modify or change any teams offense if unacceptable or unfair.**
6. Thirty seconds between plays.
7. There will be no rushing the punter and players cannot leave line until ball is punted.

8. All WIAA rules will be enforced which are consistent with WAYFL rules. (Fan, player, and coaches conduct is head coaches responsibility). Only 3 coaches per team will be allowed on side lines during game.
9. For 4<sup>th</sup> and 5<sup>th</sup> grade, one coach will be allowed in huddle and on field. For 6<sup>th</sup> and 7<sup>th</sup> grade, one coach will be allowed in offensive huddle.
10. Eight minute quarters with normal clock stoppage.
11. 2 point conversion for a pass and 1 point conversion for a run.
12. 10 minute half time, 3 minutes between quarters.
13. Two time outs per half.
14. For 4<sup>th</sup> and 5<sup>th</sup> grade,
  - a. Play will start from 40 yard line, which will allow two games to run simultaneously.
  - b. Eight yards will be required for first down. If not making first down or possession results in turnover, player will start over from other team on the 40 yard line.
  - c. Defensive team cannot advance a turnover. Ball goes back to 40 yard line
  - d. No kicking game will be involved.
  - e. No pulling or trapping will be allowed.
15. **Any decision of the officials is final- If a coach receives more than one sideline penalty, in a game, or more than two during season, the WAYFL Board may suspend that coach from further participation.**
16. **The WAYFL Board of Directors reserves the right to modify any rules during the season if unfair or unacceptable situations arise.**

Board approved on 7/5/16